



LAS VEGAS

**3-Day Golf School
1 Group**

DAY 1

9:00-9:15 Welcome

9:15-10:00 Fitness Evaluation

10:00-10:30 Warm Up - Capture Video

10:30-11:00 Full Swing Dynamics

11:00-12:00 Video Analysis

2:00-12:45 LUNCH

12:45-1:15 *Club Fitting Presentation

1:15-2:00 Mastering the Basics

2:00-2:45 Impact Zone

2:45:3:00 Recap

3:00- Golf



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DAY 2

9:00-9:15 Stretching

9:15-10:15 Putting

10:15-11:15 Chipping – Hinge & Hold

11:15-12:00 MTB – Toss Shot (Low, Standard, High)

12:00-12:45 LUNCH

12:45-1:45 Pivot - Dynamics of the Swing

1:45-2:30 Driving

2:30-3:00 Pre-Shot Routine

3:15-4:15 On-Course Instruction



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DAY 3

9:00-9:15 Stretching

9:15-10:00 Putting

*Putter Fitting

10:00-10:30 Pitching

10:30-11:15 Pivot - Dynamics of the Swing
(Re-Capture Video)

11:15-12:15 Final Video with Game Plan

12:15-1:00 LUNCH

1:00-2:00 Bunkers - Lob Shot

2:00-2:45 Review of Game Plan

2:45-3:00 Closing

3:00- Golf